

LIVING COURAGEOUSLY:  
Life Worth Living

EPHESIANS 4

# The Value of a Life Worth Living

- Life Worthy of Your Calling
- Worth – the value equivalent to that of someone or something under consideration; the level at which someone or something deserves to be valued.
  - Value – a person's principle's or standards of behavior; one's judgment of what is important in life
- Our worth/value then is not in what we do, but in who we are in Christ

## Ephesians 4:3

- Unity with others in the body adds value to our lives
  - Helps us to maintain a high standard of living
  - Holds us accountable to our value system
  - Healing is available through the love and prayers of others
  - Happiness is obtained easier when others are around
  - Holiness comes from the strength and joining of the body



# Adding Value to a Life Worth Living – Ephesians 4:13

- Staying the course and not giving up grows us both spiritually and in unity
- The greatest value in life is knowing we grow in Christ and we grow together